WISTOW PARISH COUNCIL

DEFIBRILLATORS

DEFIBRILLATOR 1

Location	Harris Lane, Oaklands Junction
What3Words	///fuels.dummy.labs
Pad 1 Expiry	February 2027
Pad 2 Expiry	February 2026
Battery Expiry	March 2029

DEFIBRILLATOR 2

Location	Bus Shelter, Parsonage Street, Mill Road Junction
What3Words	///chromatic.curtail.shorts
Pad 1 Expiry	November 2027
Pad 2 Expiry	Feb 2026
Battery Expiry	March 2027

This equipment is available for members of the public to use in the event of an emergency where someone is in cardiac arrest. The Parish Council is responsible for its upkeep. The Parish Council have 2 defibrillators which are located below:

Defibrillator 1

Location	Harris Lane, Oaklands Junction
What3Words	///fuels.dummy.labs

Defibrillator 2

Location	Bus Shelter, Parsonage Street, Mill Road Junction
What3Words	///chromatic.curtail.shorts

What is a defibrillator?

A defibrillator is a machine designed to deliver an electric shock to a person whose heart has stopped. Termed a cardiac arrest, this is different from, but may be caused by, a heart attack, where blood flow to the heart is impaired.

Why use a defibrillator?

When someone suffers sudden cardiac arrest, prompt action by anyone nearby offers their only realistic of survival. If you come across someone in cardiac arrest:

- first make sure you are safe
- call 999 for an ambulance
- start cardiopulmonary resuscitation (CPR) to provide the best chance of survival of the casualty.

Most people who survive will have needed a shock from a defibrillator to correct a chaotic heart rhythm. The earlier that shock is given, the better the person's chance of survival.

Who can use a defibrillator?

An Automated External Defibrillator (AED) can be used by a lay person with no formal training. Their use relies on someone witnessing a person having a cardiac arrest and being prepared to use a defibrillator.

They are designed to be used by anyone. Once the cabinet is opened and the defibrillator is removed it will talk to you giving audible prompts. There are clear instructions on how to attach the defibrillator pads. It assesses the heart rhythm and will only instruct you to deliver a shock if it's needed.

How can I find my nearest defibrillator in an emergency?

Call 999. The service will advise on the location of the nearest public access defibrillator and provide the code.

The equipment and the consumable items, such as adhesive pads, are maintained by the Parish Council to make sure that the defibrillator is always ready to use when needed. If you do use our defibrillators, please return it to the cabinet and inform parishclerk@wistowvillage.info as soon as possible.

How do I use the defibrillator?

Step 1: Turn the defibrillator on by pressing the green button and follow its instructions.

Step 2: Peel off the sticky pads and attach them to the patient's skin, one on each side of the chest, as shown in the picture on the defibrillator.

Step 3: Once the pads have been attached, stop CPR and don't touch the patient. The defibrillator will then check the patient's heart rhythm.

Step 4: The defibrillator will decide whether a shock is needed and if so, it will tell you to press the shock button. An automatic defibrillator will shock the patient without prompt. Don't touch the patient while they are being shocked.

Step 5: The defibrillator will tell you when the shock has been delivered and whether you need to continue CPR.

Step 6: Continue with chest compressions until the patient shows signs of life or the defibrillator tells you to stop so it can analyse the heartbeat again.

Anyone can use a defibrillator and you don't need training. Once you turn it on, it will give clear instructions on how to attach the defibrillator pads. The device checks the heart rhythm and will only tell you to shock if it's needed. You can't shock someone accidentally.

More information

Further guidance about CPR and defibrillators is available on the British Heart Foundation website.

All public access defibrillators are registered with East Anglia Ambulance Service.